

Manual Handling Training

Aimed At:

Anyone who wants to learn basic manual handling techniques. The course is ideal for any person who uses manual handling in their work role. This will enable them to carry out their duties safely and minimise risk.

Content:

During the course you will learn the basic manual handling techniques with an obvious focus on Health & Safety. You will learn and cover:

- Manual handling operations
- Principles of safe manual handling
- Relevant regulations
- Manual handling risk assessing
- Identify hazards and risks associated with manual handling
- Manual handling laws and guidance
- Demonstrations and practice application

Entry Requirements:

Delegates who are pregnant or are suffering from pain or injury should not attend due to the practical element of this course.

Location:

Gloucestershire Engineering Training,
Barnwood Point, Gloucester
Or
Customers site with appropriate resources

Benefits/Progression:

Completing this course will enable you to undertake manual handling operations more safely and look after your back and posture. This will result in reducing lost productivity from absenteeism through sickness.

Duration:

3 hours/Short Day

Start Date:

By arrangement.

Cost:

Half day course at Customers site - £500.00
Infill on an existing course running - £100.00 per delegate.

If you are interested in this or any of our courses, please contact us on **01452 423461** or info@get-trained.org for more information or enrolment details.

Our Mission "Further learning and skills for the Engineering industry"
Our Vision "To be the hub of Engineering Training Expertise in the County"